

## **Current Covid-19 policy for in-office visits**

### **For any patients being seen in the office we ask the following:**

- You have not been sick with any type of cold/flu symptom, cough, fever, body aches or shortness of breath or tested positive for Covid-19 in the past 14 days.
- You have not been exposed to anyone who has been sick with symptoms indicative of, or tested positive for Covid-19 in the past 14 days.
- You have not travelled via bus, train, or plane in the last 14 days.
- Please know that we will take your temperature when you arrive.
- Please wear a mask throughout your visit (children under 2 will not be asked to wear masks). If you do not have one, we will provide you with one.
- Please wash your hands thoroughly for 20 seconds and/or use hand sanitizer immediately when you arrive and during your stay at our office when appropriate.
- Please maintain a 6-foot distance from other patients/staff while you are here.
- Please try not to linger in the waiting area before or after your appointment.
- Please do not bring family members with you if possible and limit the personal items you bring in.
- Please plan to arrive on-time to your appointment; please do not come early, we need time to clean between patients.
- For medicinal pick-ups, please call ahead and we will deliver your items to you outside the office.

### **Things we are doing to keep the office safe and healthy for all:**

- We are still conducting the majority of our naturopathic visits via telemedicine, which will keep the volume of in-office visits low. We space 15 minutes minimum between every patient, often more.
- We will be wearing masks while you are here.
- Dr. Van Dusen will wear an N95 mask and arm coverings for craniosacral sessions, other PPE such as gloves if/when appropriate. All sheets/blankets/pillow cases are laundered after each use.
- We disinfect the office and any touched surfaces between every patient and at the end of every work day. We have very good air purification measures in place.



*By signing below, I agree that I understand the highly contagious nature of Covid-19 and that I am willing to comply with Vital Source Natural Medicine's "Covid-19 policy for in office visits" when I visit the office. I understand that Vital Source Natural Medicine is taking all necessary precautions to reduce any potential risk of my exposure while I am visiting the office. Although highly unlikely, this does not guarantee that I will not be exposed to Covid-19 during my visit, and I will not hold Vital Source Natural Medicine responsible should this occur.*

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Patient signature (Parent/Guardian if minor)

Date

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Patient name